



TeleHealth Benefit



Graduation Alliance is excited to announce a comprehensive Telehealth benefit available to districts and students who wish to opt-in and supplement existing services, at no additional cost to the district or the student.

The advent of the COVID-19 pandemic has put a spotlight on the need for accessible and prompt care, particularly in mental health. A 360-degree support system has always been a central tenet of Graduation Alliance's work with at-risk populations; now, more than ever, comprehensive support for the physical and behavioral health of students is needed alongside academic support.

The Telehealth benefit is optional for districts and for families. Families will only be offered the option to participate once the district has approved the offering. Students who are younger than 18 must have a parent/guardian opt-in in order to participate; the parent/guardian and all dependents in the household will be covered. Students 18+ may include a parent/guardian and all dependents in the household for coverage at their option. All sessions must be initiated by the parent/guardian. There are no costs to the participating districts or families for virtual visits.

The following services are available to participating families:

- Unlimited virtual visits with a state licensed and board-certified doctor, usually within minutes of calling. Doctors are able to diagnose and then provide prescriptions or referred treatment if necessary, often eliminating the need for an expensive visit to the ER or physical office. 92% of issues are resolved by the first virtual visit.
- Unlimited virtual visits with a state licensed and board-certified psychologist or psychiatrist. Participants will be able to select from a list of professionals to work with on an on-going basis to personalize their progress towards behavioral health. Licensed professionals will work with students towards creating a therapy-based plan to treat stress, anxiety, depression, trauma, etc. If the student opts to work with a psychiatrist, they will be able to write prescriptions for the student. Behavioral health services are currently available to individuals age 18 and older. These services will become available for students younger than 18 in Q1 of 2021.
- Both general and behavioral health specialists are trained in crisis intervention and will work with local emergency response teams in the advent of suicide risk, domestic violence, or related events requiring rapid response.

Our goal is to make this offering available at the beginning of this school year to participating districts. Aggregated statistical utilization reports will be provided to districts with more than 25 students who have opted-in to participate in the Telehealth offering.

Prescriptions, coordination of care, and referrals for visits to local providers are not covered under this program. Graduation Alliance reserves the right to change providers, scope of services, or discontinue this offering at any time at its sole discretion.